BOARD AND LODGING

In accordance with ISU Communication No. 1752, paragraph 10.7, the Organizing Committee will cover room and meal expenses at the official Hotel for up to two (2) persons from each ISU Member with participating Competitors. beginning with dinner on the evening of Friday, November 23, 2012 and ending with breakfast on the morning of Monday, November 26, 2012. Expenses of other Skaters and officials (i.e. coaches, other team staff members and accompanying persons) other than those mentioned above, and expenses before or after the period mentioned above, will be at their own expense.

Please make all hotel arrangements directly with Russian Skating Union prior to November 01, 2012.

HOTEL RESERVATION / OFFICIAL HOTEL(S)

The Organizing Committee will make hotel reservation for the Competitors in the following hotel:

Hotel "Kolomna"

140407, Russia, Kolomna, Soviet Square, 2

Tel.: +7 (496) 6121331 Fax: +7 (496) 6121896

E-mail: kolomnahotel@kolomna.ru Website: www.kolomna-hotel.ru

Prices for rooms (and meals) will be as follows: Single room for 1 person - 2650 RUR /per night with breakfast Double room for 2 persons -3300 RUR / per night with breakfast for 2 persons Single room with full board for 1 person - 3700 RUR/per night Double room with full board for 2 persons - 5400 RUR /per night

It's preferable to pay for accommodation via bank transfer before the Event or by cash/credit card (but NOT American Express) in LOC office in the hotel before your check-in. Please inform the Organizing Committee accordingly before your arrival. The Organizing Committee reserves the right to limit the number of hotel rooms available to each team at the official hotel. The organizer is not obliged to provide services (accommodation, accredited entrance to the ice rink, transportation, etc.) for an excessive number of team officials or other accompanying persons from participating ISU Members. Names and functions of all team officials must be submitted together with the final entries for the competition, in accordance with ISU Communication No. 1752, paragraph 10.10.

TRANSPORTATION

The Organizing Committee will provide transportation from Monday, November 19, 2012 to Monday, November 26, 2012 from and to the Moscow international airports Domodedovo (DME) and Sheremetvevo (SVO) and/or central Moscow railway stations.

When planning your travel schedule, please be informed that it is better arrive in Domodedovo (DME) in order to avoid traffic congestion as much as possible. The transfer time to Kolomna is much shorter from this airport than from Sheremetyevo. Team officials who do not travel together with their team cannot be guaranteed the above-mentioned transfer service.

The Organizing Committee must be informed about the date and time of arrival and departure (incl. flight details) of the competitors and officials as soon as possible, but at the latest by November 07, 2012.

VISA REQUIREMENTS

A visitor visa may be required for participants and team officials. Please contact Russian Skating Union for further information and advice. It is strictly recommended to submit to the Russian Skating Union as soon as possible, but not later than November 01, 2012, the attached visa application table together with a readable color passport copy of good quality for each team member and team official in order to have the issuing of the necessary visa completed in due time.

According to the Law of the Russian Federation, Russian Skating Union cannot guarantee that visa will be obtained for team members and team officials if above-mentioned documents will be received later than November 1, 2012.

ORGANIZING COMMITTEE - ENTRIES AND INQUIRIES

All entries, hotel reservations and other inquiries should be addressed to the Organizing Committee or to Russian Skating Union at the addresses below. For Media accreditation, please contact the below address as soon as possible.

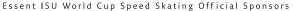
| Russian Skating Union | Media accreditation |
|---|--|
| Luzhnetskaya nab. 8, office 230, Moscow, Russia, 119991 Ms. Ksenia Shantseva Tel.: +7 (495) 7254676 Fax.: +7 (495) 7254676 E-mail: ksenia@russkating.ru | Media Accreditation request should be addressed to: Ms. Ekaterina Melikhova Cell: +7 916 813 12 73 Tel./Fax: +7 496 616 47 17 E-mail: melihovaem@kolomna-speed-skating.com |

Results and other information from the competitions will be posted on the following website: www.russkating.ru









Local Sponsors





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On behalf of Russian Skating Union and the Moscow Region Organizing Committee, we have the honour and pleasure to invite you to a competition in the

ESSENT ISU WORLD CUP SPEED SKATING 2012/13

which will be held at the Speed Skating Centre of the Moscow Region "Kolomna" in *Kolomna, Russia* on November 24-25, 2012

The competition will be held under the 2012 ISU General Regulations, Special Regulations and Technical Rules for Speed Skating and ISU Communication No. 1752.

PROGRAM:

| T ROUNALI. | | | | | |
|-------------------------|-------|-------------------------------------|--------------|--|--|
| Friday, 23/11/2012: | 16.00 | Team leaders' Meeting SSC "Kolomna" | | | |
| | 17.30 | Opening draw SS | SC "Kolomna" | | |
| | | | | | |
| Saturday, 24/11/2012: | 9.00* | Division B: | | | |
| | | Ladies | 1500m | | |
| | | Men | 5000m | | |
| | 16.00 | Division A: | | | |
| | | Ladies | 1500m | | |
| | | Men | 5000m | | |
| | | Ladies | Mass Start | | |
| Sunday, 25/11/2012: | 9.30* | Division B | + | | |
| Sarrady, 257 117 25 12. | 7.00 | Men | 1500m | | |
| | | Ladies | 3000m | | |
| | 16.00 | Division A: | | | |
| | | Men | 1500m | | |
| | | Ladies | 3000m | | |
| | | Men | Mass start | | |

^{*} The above times for the B Division races are only indicative. The exact starting times for these races will be announced at the team leaders' meetings. For each distance, the races of Division A and the races of Division B are considered as two separate competitions with independent final classifications (list of results).

TRACK

A standard speed skating track of 400 meters to the lap laid out at Speed Skating Centre of the Moscow Region "Kolomna" an artificially frozen indoor skating rink in Kolomna. The radii of the inner and outer competition lanes are 26 and 30 meters, respectively. The width of the inside training lane is 4 meters.

ENTRIES

Entries for this competition will be restricted and must be made according to ISU Regulations and ISU Communication No. 1752, paragraph 3.3.

Preliminary entries, giving the number of Competitors & substitutes and the number of coaches and other team staff, as well as provisional names of the Competitors and team leader must be communicated at the latest by November 07, 2012. Final entries including the names of the Competitors and available substitutes, as well as the names of the team leader, coaches and other team staff for whom an accreditation is required must reach the Organizing Committee by letter, fax or electronic mail at the latest by 12:00 noon (local time) on November 21, 2012. (see also ISU Communication No. 1752, paragraph 3.3.3).

Please note that for all persons entered by the Members, the procedures regarding the Declaration for Competitors and Officials (all team officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication No. 1628, need to be strictly observed.

For more details please refer to Rules 115, 131 and ISU Communication No. 1689 or any update of this Communications.

According to ISU Communication No. 1752, the entry quotas (maximum number of entries per distance, subject to the qualifying times criteria) for this competition is:

| Ladies | 1500 | 3000 | Men | 1500 | 5000 |
|--------|------|------|-----|----------------|------|
| AUS | 1 | 1 | AUS | 1 | 1 |
| AUT | 1 | 2 | AUT | 1 | 1 |
| BLR | 1 | 1 | BLR | 1 | 1 |
| BEL | 1 | 1 | BEL | 2 | 3 |
| CAN | 5 | 5 | CAN | 4 | 3 |
| CHN | 3 | 1 | CHN | 2 | 1 |
| CZE | 3 | 3 | CZE | 1 | 1 |
| FIN | 1 | 1 | FIN | 1 | 1 |
| FRA | 1 | 1 | FRA | 3 | 3 |
| GER | 4 | 5 | GER | 3 | 5 |
| ITA | 1 | 1 | ITA | 3 | 1 |
| JPN | 4 | 5 | JPN | 1 | 3 |
| KAZ | 1 | 1 | KAZ | 3 | 2 |
| KOR | 3 | 4 | KOR | 2 | 3 |
| LAT | 1 | 1 | LAT | 2 | 2 |
| NED | 5 | 5 | NED | 5 | 5 |
| NOR | 3 | 3 | NOR | 5 | 4 |
| NZL | 1 | 1 | NZL | 1 | 2 |
| POL | 3 | 3 | POL | 3 | 3 |
| RUS | 5 | 5 | RUS | 5 [*] | 5* |
| SUI | 1 | 1 | SUI | 1 | 2 |
| USA | 3 | 3 | USA | 4 | 4 |

^{*} as hosting ISU Member

All other ISU Speed Skating Members may enter maximum 1 Competitor for each distance.

All entered Skaters (incl. substitutes) must have achieved applicable qualifying times for the respective distances according to the criteria given in Communication No. 1752, paragraph 3.3.1.

COMPETITION FORMAT & ENTRY QUOTAS FOR THE MASS START EVENTS

Mass Start races will be skated according to Rule 253, paragraph 4 b) in the ISU Technical Rules for Speed Skating and ISU Communication No. 1752, paragraph 4.3, with distances of 15 laps for Ladies and 20 laps for Men. The maximum entry quota per ISU Member will be restricted to 3 Skaters per category. Further details on competition rules and safety measures for the Mass Start event are posted on the ISU website.

GROUPING and DRAWING PROCEDURES

The grouping and drawing of pairs will be made according to ISU Communication No. 1752, paragraph 5.

PRIZES AND POINTS

For each distance World Cup points and prize money will be awarded according to the ISU Communication No. 1752, paragraphs 6 and 8.

ANTI-DOPING

Anti-Doping tests will be carried out in accordance with the valid ISU Anti-Doping Code (ISU Communications Nos. 1650, 1651, 1693 and 1694 or any further update of these Communications).

TRAINING TIMES

The speed skating track will be open for training for entered Competitors from Tuesday, November 20, 2012. Trial starts will be organized on Friday, November 23, 2012.

Only accredited Competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours.

CITIZENSHIP/RESIDENCE REQUIREMENTS & CLEARANCE PROCEDURE

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 1420, all Skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

LIABILITY

In accordance with Rule 119 of the ISU General Regulations, the ISU, Russian Skating Union and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property loss or damage incurred in connection with the Essent ISU World Cup Speed Skating. Each Member is solely responsible for providing insurance coverage thereto.