

## Mass Start races (Demonstration Event)

*on the occasion of the Essent ISU World Cup Final in Heerenveen, March 4-6, 2011*

### When

- Ladies: after the conclusion of all the ordinary races on Friday, March 4, 2011.
- Men: after the conclusion of all the ordinary races on Sunday, March 6, 2011.

### How

- Managed by the Organizing Committee Thialf in cooperation with the ISU Speed Skating Technical Committee.
- Appointed Officials will be in charge of the race.
- **Entries:** ISU Members may enter *Skaters who have been entered for the World Cup Final races, according to the qualification criteria for the World Cup final (ISU Communication No. 1638, paragraph 5.1.5)*. In agreement with the ISU, the Organizing Committee has accepted entries of a limited number of other Skaters.
  - Competitors in the World Cup races to be entered by the team leader concerned.
    - Entries after the draw meeting in Heerenveen on Thursday night.
    - Entries may be changed after the conclusion of the World Cup races on Friday (Ladies) and Sunday (Men), respectively.
  - By invitation from the organizer, 2 Skaters from each Top division Marathon team competing in the Dutch Marathon circuit will participate in the demonstration event for Men. For the Ladies race, the top 20 from the Dutch Ladies Marathon Circuit, with a maximum of 2 Skaters per marathon team is invited to participate in the demonstration event. The Organizing Committee will not be responsible to pay any accommodation costs for such competitors.
  - Invited skaters participating in the demonstration event using their own racing suit must comply with ISU Rule 102, paragraph 6, regarding size and number of advertising markings.
  - Limitations may be imposed in case of a very high number of entries.
- Skaters compete at their own risks (ISU Regulations, Rule 119 on medical insurance, etc.), and competitors must be ready to sign a specific declaration to this effect.
- Timekeeping by transponders and photo-finish will be used to determine the final ranking.

### Racing Rules

- Inner lane demarcation defines the competition track (same track as for Team Pursuit).
- Distance: 25 laps for Men and 15 laps for Ladies.
- Start in the middle of the finishing straight (1000m finishing line).
- Finish at the end of the finishing straight (normal finishing line).
- Skaters must wear transponders for the time-keeping, and (if so provided) numbers for easy identification.
- For safety purposes, skaters must wear shin guards (provided on-site by the ISU) and gloves.
- Positioning at the start:
  - Skaters start in rows of 6 skaters each, with a distance of 2 meters between each row.
  - Starting positions will be decided by lot.
- The first lap is skated “in one group”. Then a bell signal is given, and from this moment on it is allowed to accelerate to gain a better position in the pack. The first lap counts as part of the overall distance to be skated.
- **“Fair play” – no obstruction of other Skaters, take care during racing.**
- Skaters overtaken by the leader with one lap must leave the race immediately. *The overtaking Skater must pass on the outside of the lapped Skater(s), who then must leave to the warm-up lane.*
- **No coaching from the ice!**
- **Result/ranking rules:**
  - The first Skater who completes the prescribed number of laps is the winner, and the next Skaters to finish are ranked accordingly. If feasible, the Skaters being lapped, will be ranked according to the order by which they have been lapped.