

# INTERNATIONAL SKATING UNION

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**Lausanne, 5 November 2009**

## **Essent ISU World Cup Speed Skating 2009/2010**

The 2009/2010 Essent ISU World Cup Speed Skating season kicks off Friday with the first of seven events to be held across Europe and North America.

Races will be held over a range of distances at each event before the final competition in Salt Lake City (USA), where all distances, with the exception of the 5000m for ladies and the 10,000m for men, will be contested. Speed skaters are awarded points according to their ranking in races. At the end of the season the overall point scores will determine the Essent ISU World Cup Speed Skating rankings for the season. (Complete regulations for the Essent ISU World Cup can be found on [www.isu.org](http://www.isu.org) under Communication 1578). Prize money is awarded at each competition and also for the end of season rankings.

### **Essent ISU World Cup Speed Skating - 2009/2010 Season**

November 6 – 8, 2009	<i>Berlin</i>	GER	Ladies: 2x500m, 1000m, 1500m, 3000m Men: 2x500m, 1000m, 1500m, 5000m
November 13 – 15, 2009	<i>Heerenveen</i>	NED	Ladies: 2x500m, 1000m, 1500m, 3000m, Team Pursuit Men: 2x500m, 1000m, 1500m, 5000m, Team Pursuit
November 21 – 22, 2009	<i>Hamar</i>	NOR	Ladies: 1500m, 5000m Men: 1500m, 10000m
December 4 – 6, 2009	<i>Calgary</i>	CAN	Ladies: 2x500m, 1000m, 1500m, 3000m, Team Pursuit Men: 2x500m, 1000m, 1500m, 5000m, Team Pursuit
December 11 – 13, 2009	<i>Salt Lake City</i>	USA	Ladies: 2x500m, 1000m, 1500m, 3000m, Team Pursuit Men: 2x500m, 1000m, 1500m, 5000m, Team Pursuit
March 6 – 7, 2010	<i>Erfurt</i>	GER	Ladies and Men: 2x 500m, 2x 1000m
March 12-14, 2010 (World Cup final)	<i>Heerenveen</i>	NED	Ladies: 2x500m, 1000m, 1500m, 3000m, Team Pursuit Men: 2x500m, 1000m, 1500m, 5000m, Team Pursuit

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## Essent ISU World Cup Speed Skating Media Contacts

Berlin Germany  November 6-8, 2009	Press Officer: K.J. Dobbratz, ISK Phone: +49 7031 6817 38 Fax: +49 7031 6817 55 Email: <a href="mailto:jk@isk-agentur.de">jk@isk-agentur.de</a>
Heerenveen The Netherlands  November 13-15, 2009	Press Officer: Huub Snoep Phone: +31 489 2000 Fax: +31 462 0823 Email: <a href="mailto:h.snoep@knsb.nl">h.snoep@knsb.nl</a>
Hamar Norway  November 21-22, 2009	Press Officer: Mr. Lars Meyer Phone: +47 63 53 53 78 Cell: +47 92 28 25 16 Email: <a href="mailto:meyer_5@hotmail.com">meyer_5@hotmail.com</a>
Calgary Canada  December 4-6, 2009	Olympic Oval Organizing Committee Olympic Oval, University of Calgary Phone: +1 403 220 7910 Fax: +1 403 289 3853 Email: <a href="mailto:oooc@ucalgary.ca">oooc@ucalgary.ca</a>
Salt Lake City USA  December 11-13, 2009	Press Officer: Linda Jager Phone: +1 435 658 4247 Fax: +1 435 658 9123 Email: <a href="mailto:linda.jager@olymparks.com">linda.jager@olymparks.com</a>
Erfurt Germany  March 6-7, 2010	Mr. Joachim Krebs, Chairman Phone: +49 361 653 4271 Fax: +49 361 653 4272 Email: <a href="mailto:ok-eisschnelllauf@web.de">ok-eisschnelllauf@web.de</a> <a href="mailto:joachimkrebs@hotmail.com">joachimkrebs@hotmail.com</a>
Heerenveen (Final) The Netherlands  March 12-14, 2010	Press Officer: Huub Snoep Phone: +31 489 2000 Fax: +31 462 0823 Email: <a href="mailto:h.snoep@knsb.nl">h.snoep@knsb.nl</a>

For further details of the Essent ISU World Cup Speed Skating series, including website links and live results see [www.isu.org](http://www.isu.org) .

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